

# PLAN AHEAD: THERE'S LIFE AFTER THE PARTY!

## **Drive Safe Hampton Roads**

is a non-profit regional coalition whose mission is to increase the community's involvement and awareness of traffic safety issues. This organization is made up of individuals with an interest in preventing crashes, injuries, and fatalities on our roadways.

By designating a driver and planning your celebration with safety in mind, you'll help prevent needless alcohol-related tragedies. Here are a few tips to help you celebrate life this season:

- Have plenty of non-alcoholic drinks available.
- Use party games and dancing to take the focus off alcohol.
- Serve plenty of high protein, non-salty foods with your alcoholic beverages.
- Avoid having an open bar.
- Stop serving alcohol early. Wind down with alcohol-free drinks.
- Remember, only time can decrease intoxication. Coffee, exercise, or cold air will not have a sobering effect.
- Take responsibility. Be the Designated Driver. Call a taxi or invite the person who has been drinking to spend the night.

People who agree not to drink alcohol so that everyone can get home safely are doing us all a favor. That's why the Designated Driver should be treated to non-alcoholic beverages which are just as enticing as drinks with alcohol. Encourage all of your guests to try these exciting alcohol-free refreshments.

### **Red Delicious Punch**

Pour 2 bottles of non-alcoholic sparkling cider into a punch bowl. Mix in one quart of cranberry juice. Float a frozen ice ring and garnish with sprigs of mint.

### **Designated Driver's Delight**

2 ½ oz. orange juice

1 ¼ oz. pineapple juice

2 scoops vanilla ice cream

1 ¼ oz. cranberry juice

¾ oz. frozen strawberries

Mix in blender until smooth. Serve in a hurricane glass with orange slice and a strawberry.

### **The Enforcer**

Fresh brewed coffee

Sugar cubes

Whipped cream

Cinnamon

Chocolate sprinkles

Pour coffee into a mug and stir in 2 sugar cubes and a dash of cinnamon.

Top with the whipped cream and chocolate sprinkles.

### **The Divine Unwine**

For each serving, fill a large wine glass half-way with chilled white grape juice. Stir in 1 tbs. non-alcoholic grenadine syrup. Then fill with cold raspberry ginger ale.

**Drive Safe Hampton Roads**  
**Celebrate Safely**  
**DESIGNATE A DRIVER**  
**DRIVE SOBER**



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